





# Empower Your Future with Finnesse Careers & Empowerment



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# Empower Your Future with Finesse Careers & Empowerment



Guiding you through every step of your career journey - because success is not the end, and failure is never the final word.

## Who We Are

At Finesse Careers & Empowerment, we believe in unlocking potential at every stage of life. Whether you're a student exploring careers, a job seeker preparing for interviews, or a professional looking to grow, we provide tailored guidance, masterclasses, and career resources to help you succeed.

## Who We Support

Are you:

- A **student** unsure about your next steps?
- An **intern** or **career starter** looking for confidence and direction?
- A **career returner** re-entering the workforce after a break?
- A **career changer** seeking a new path?
- Someone who wants to **boost self-confidence & develop power skills** for personal and professional growth?

Wherever you are in your journey, **we're here to help you take the next step.**



## Our Services

### One-to-One Career Guidance & Development

- ➔ **Personalised career guidance** – Explore career paths that align with your strengths and interests.
- ➔ **CV & application support** – Get expert advice on crafting standout job applications.
- ➔ **Interview preparation** – Build confidence and master interview techniques with our FIT Box.
- ➔ **Career change & progression** – Support for those looking to pivot or upskill in their careers.

## Masterclasses & Career Exploration (For Schools, Colleges & Organisations)

We offer engaging, interactive masterclasses designed to develop skills, build confidence, and prepare individuals for success in education and the workplace:

Finesse delivers **six tailored masterclasses**, each designed to support different aspects of career and personal development. These are:

- 1. Power Skills Masterclass (PS+Me)** – Focuses on key transferable skills like communication, teamwork, problem-solving, and adaptability.
- 2. Career Exploratory Guidance (CEG+Me)** – Helps students explore career options, develop a growth mindset, and build confidence in their career journey.
- 3. ESM+Me (Employability, Social Media, and Me)** – Explores the role of social media in employability, branding, and career progression.
- 4. Parental Career Advice** – Encourages parents to understand different career paths available for their children, to provide support with informed decision making.
- 5. LMI & Industry Insights** – Provides real-world insights into different industries, bridging the gap between education and employment.
- 6. Personal Branding (PB+Me)** – Helps students build a strong personal brand, develop and stand out in a competitive job market.

## Innovative Career Resources

### ☑ **F.I.T Box (Finesse Interview Toolkit)**

The F.I.T Box isn't just about interviews, it's about empowering individuals to rediscover their potential, stay motivated, and achieve their goals. It's the toolkit that inspires confidence, resilience, and success.

Whether you're a student/adult/careers professional or teacher, the F.I.T. Box empowers you with the confidence to ace their interviews. Includes innovative cards packed with expert tips, real-life scenarios, and guidance to master interview skills.

The F.I.T Box (Finesse Interview Toolkit) is more than just a resource it's a confidence boosting toolkit designed to help individuals succeed in interviews and career readiness. Whether you're preparing for your first interview, navigating career challenges, or supporting someone's journey, the F.I.T Box is here to assist.

### ☑ **Skill Builder Box**

The Skillbuilder Box is a versatile resource designed to help individuals explore and develop essential skills for success in any career. Whether you're a student, teacher, parent, or careers professional, the Skillbuilder Box is your go-to toolkit for building awareness, fostering personal growth, and unlocking potential for skill identification and ownership.

**The Skillbuilder Box** - Explore skills A-Z and develop essential career readiness with our engaging deck of over 50 cards. An engaging tool to support personal growth and career readiness in schools, homes, or CEIAG programs.





### ✓ **Emoji Guess the Career**

Our Guess the Career Emoji Game is a fun and interactive activity that introduces students to a wide variety of careers in a playful way. A fun and interactive way to guess careers through emoji clues perfect for sparking curiosity and early career exploration through career awareness.

Students are challenged to guess careers based on a series of carefully chosen emojis that represent different job roles. Prepare your Key Stage 3 students (ages 11–14) for their career journeys with engaging and innovative resources from Finesse. Our tools and workshops inspire curiosity, boost confidence, and make early career exploration exciting.

**SnapCareers** is a tool to inspire and empower the next generation. By blending fun with meaningful learning, it lays the foundation for children to think about their future in an exciting and positive way. Get ready to inspire young minds and help them explore the world of work with a smile.

## Frequently Asked Questions (FAQ)

### Why Choose Finesse Careers Resources?

Finesse Careers Resources are tailored for schools, parents, and career professionals, our resources meet the needs of all ages at every stage, from exploring career interests to preparing for higher education and the workforce. Designed to be engaging, practical, and interactive, they ensure students remain motivated while learning. Backed by positive feedback from students, teachers, and parents, these tools are transforming how people approach their future.

### What are the benefits of these resources?

Our resources boost confidence and self-awareness, preparing students and adults for real-world challenges like interviews and skill application. They encourage career exploration through practical and relatable activities while building essential skills for personal and professional success. Whether you're a parent, teacher, or careers professional, these tools are the perfect addition to your toolkit, helping individuals of all ages unlock their potential and gain the confidence.

### What is the F.I.T. Box?

At Finesse Careers and Empowerment, we believe in equipping people with the tools they need to thrive in their career journeys. Our innovative resources are designed to engage, inspire, and prepare people helping them build confidence, develop skills, and explore diverse career paths.

### What's Inside the F.I.T. Box?

The set includes expertly designed cards featuring interview preparation tips, mock scenarios, and strategies to excel in any interview. It also offers confidence-building advice to boost self-esteem and enhance readiness for interviews, fostering personal and professional growth.

## Why Choose the F.I.T. Box?

The F.I.T. Box stands out for its holistic support, addressing not just technical skills but also motivation and mindset. It offers practical and engaging tools, with easy-to-use cards suitable for self-guided or group activities. Designed to build confidence and resilience, it equips users with the mental strength to overcome any career challenge. Flexible and adaptable, the F.I.T. Box caters to individuals at all levels, whether starting out or striving for greater heights.



## What's Inside the Skillbuilder Box?

The set includes 50 skill cards, each highlighting a key skill from Adaptability to Zest for Learning, explaining its significance and example/application. A motivational Empower Me section linked to the skills showcased within the deck to instil motivation and resilience.

## Skillbuilder - Who Is It For?

This all-age resource helps individuals identify and develop essential skills for personal growth, education, employment, and professional development. It supports parents and guardians in guiding their child's personal and career growth, while also serving as a valuable tool for schools and career advisers in workshops, lessons, and one-to-one career guidance.

## Why Choose the Skillbuilder Box?

The Skillbuilder Box is an engaging resource that makes learning skills fun and memorable. It boosts career awareness by linking skills to real-world examples, builds confidence by highlighting strengths, and supports growth. Versatile and CEIAG-aligned, it's perfect for classrooms, workshops, or at-home learning, fostering skill development and self-awareness.

## What are the Skillbuilder benefits for users?

The Skillbuilder Box helps users develop a deep understanding of essential skills and their significance. It fosters self-reflection and personal growth, preparing individuals for interviews, teamwork, and career progression. Additionally, it lays the groundwork for lifelong learning and adaptability, empowering users to thrive in any career path.

## What's Inside Snapcareers?

Snapcareers includes a deck of over 120 vibrant cards, each featuring a unique career with eye-catching illustrations and a simple explanation on the back. The careers cover diverse fields such as STEM, trades, creative industries, health, public service, and more.

## Snapcareers - Multiple Ways to Play

Snapcareers offers fun ways to explore careers. Players can match identical cards, group them by industries, guess careers using tools or descriptions, act out roles, imagine a day in a profession, or describe jobs without naming them for others to guess.

## Why Choose Snapcareers?

Snapcareers combines play with education, making career exploration fun and memorable. It highlights tools, skills, and traits for each career, encouraging early reflection and curiosity about diverse professions like firefighter, engineer, and artist. Perfect for classrooms, workshops, or family game nights, it's adaptable for various age groups and knowledge levels.

## Snapcareers - Benefits for Young Learners

Snapcareers benefits young learners by building early awareness of diverse career options and encouraging critical thinking through grouping and matching activities. It fosters teamwork with collaborative play, enhances communication skills, and serves as an excellent resource for schools to introduce career education at an early stage.

## Guess the Career Using Emojis Game

Guess the Career Using Emojis Game is a fun, interactive activity where students guess careers based on emojis that represent specific job roles, helping them explore different professions in a playful and engaging way. It can be played both ways! Students can guess individually to test their knowledge or work in groups to encourage teamwork and collaboration.

### Emoji Game - Who is the game suitable for?

The game is perfect for students of all ages, from young learners just starting to explore careers to older students looking for a lighthearted way to learn about different job roles. Participants are shown a set of emojis representing a career.

They must guess the job based on the emojis.

For example, 🧑‍🚒 🚒 🧑 🚒 represents a firefighter.

## Why Choose Finesse?

- ✅ **Tailored to all ages** – From school leavers to career changers, we provide expert, age-appropriate support.
- ✅ **Engaging & practical** – Our workshops and resources make career learning interactive and impactful.
- ✅ **Proven success** – Backed by awards and positive feedback from students, professionals, and educators.

## Get in Touch

Based in Northern Ireland

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@FinesseCareers on social media

All links & resources: Linktree (QR Code Below)



Let's build your future together!



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